

Parity “task”

Height Adjustable Armrests

The height adjustable armrests provide an adaptable position of the arm rests. This feature will provide the best support to the arms and shoulders depending on the task in hand. This reduces the tension in the shoulders and helps to avoid upper limb complaints like carpal tunnel and tennis elbow and RSI.

Height and Tilt Mechanism

This tilting mechanism allows the user to move while still sitting at their desk. This improves circulation to the muscles of the lower back, pelvis and hips, as well as reducing the stress on the lumbar spine. The movement allowed also activates the body's natural blood pump system that promotes better circulation in the legs reducing the chance of deep vein thrombosis.

Unique Weight Sensitive Lumbar Support

The lumbar support is sensitive to the weight of the user providing the perfect tension to offer the best level of support exactly where it is needed. This helps to support the lumbar curve reducing the strain on the lumbar spinal joints, the intervertebral discs, the musculature of the lower back and the joints.

Optional Headrest

This provides support to the head giving the user a more comfortable head position. This helps to ease tension in the neck and shoulders reducing the incidence of headaches, migraines, and shoulder complaints